

# SMILE!

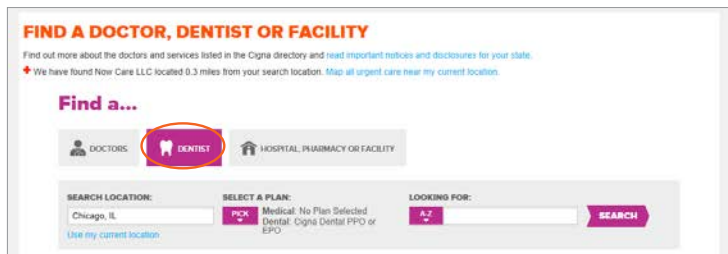


## It's easy to find a network dentist or specialist.

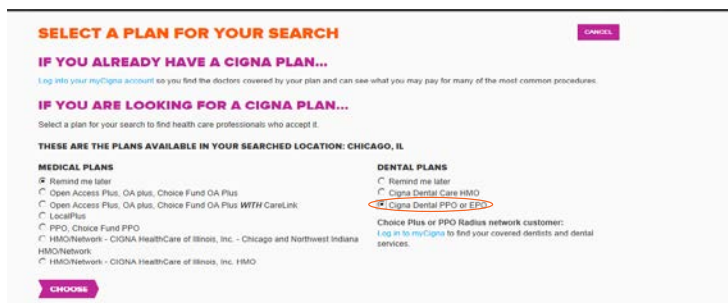
Finding a Cigna Dental PPO (DPPO) network dentist or specialist is quick and easy – whether you prefer searching online or speaking to a customer service representative. Let us show you how:

### You can find a DPPO network dentist from the online directory on Cigna.com

- Go to **Cigna.com**, click on “**Find a Doctor**” at the top of the screen.
- Then, choose a **Directory** by clicking on the “If Your Insurance Plan is Offered through Work or School” option.
- Next, click on “**Find a...Dentist.**”



- Enter **SEARCH LOCATION** – city, state or zip code.
- **SELECT A PLAN** by clicking on the **Pick** drop down icon and selecting “Cigna Dental PPO or EPO” under the **Dental Plans** section. Then press choose.



(continued on next page)

Within the search results, you'll see labels to help you identify potential savings:

- **Total Cigna DPPO** – When searching under a DPPO plan, all in-network dentists are labeled as “Participates in Total Cigna DPPO.” These dentists have all agreed to offer services at lower negotiated rates. Within this network, we offer two discount levels:
  - **Cigna DPPO Advantage** – Seeing a DPPO Advantage dentist may provide a better benefit level with greater savings. Individual plans may vary.
  - **Cigna DPPO** – Seeing a DPPO dentist may provide a lesser benefit level while still offering savings. Individual plans may vary.

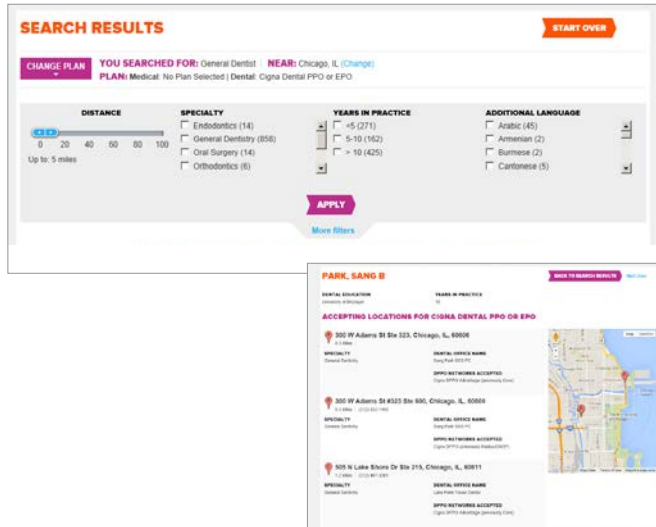


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This brochure is not intended for residents of New Mexico.

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- If you want to narrow your search, you can also type in **key words**, like dentist name, specialist type or office name. Then, click **“Search.”**
- From the **Search Results** page, you can further refine your search results – by distance, specialty, years in practice and additional languages.
- Click on a dentist’s name for more details, including multiple location listings with map view.



## Call us at 800.Cigna24 (800.244.6224)

For assistance locating a Cigna network dentist or specialist, use the automated Dental Office Locator or speak to a customer service representative. You can also request a customized directory based on the type of dentist you are looking for in your area.

## Call your current dentist to see if he or she participates

When you call, be sure to ask if your dentist participates in the Cigna dental network for your plan.

## Call or click to find a network provider that’s right for you

At Cigna, we are dedicated to providing better savings, better health and a better customer experience. Our goal is to support you and your dental health. From full-service to self-service, Cigna has your provider search covered.

## Go to myCigna.com – the easiest way!

**MyCigna.com** automatically knows which Cigna dental plan you belong to. Your home zip code will be entered automatically, but you can change the zip if you are looking for a dentist in another area. Once you’re enrolled, you can search for a network dentist by name, specialty or location at **myCigna.com** (registration is required).

- After logging in to **myCigna.com**, click on **“Find a Doctor”** or **“Service”** at the top of the page.
- Enter your search criteria and click **“Search”**, OR
- Click on **“Dentist”** under the **“Find a Person”** heading and double-click a specialty dentist by category.

This information is also available on the **myCigna** mobile app.



Dentists who participate in Cigna’s network are independent contractors solely responsible for the treatment provided and are not agents of Cigna.

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